

PENNINE WAY PROPOSED ROUTE

Michael Devine will walk the following route on his sponsored walk in order to raise awareness of fragile X, and to raise much-needed funds for



JULY 2010	FROM	TO	MILES
Mon 5 th	EDALE	CROWDEN	16
Tues 6 th	CROWDEN	STANDEGDE	11
Wed 7 th	STANDEGDE	HEBDEN BRIDGE	15
Thurs 8 th	HEBDEN BRIDGE	PONDEN	10.75
Fri 9 th	PONDEN	THORNTON in CRAVEN	11.5
Sat 10 th	THORNTON in CRAVEN	MALHAM	10.5
Sun 11 th	MALHAM	HORTON in RIBBLESDALE	14.25
Mon 12 th	HORTON in RIBBLESDALE	HAWES	13.75
Tues 13 th	HAWES	KELD	12.25
Wed 14 th	KELD	BOWES	12.5
Thurs 15 th	BOWES	FOREST in TEESDALE	19
Fri 16 th	FOREST in TEESDALE	DUFTON	13.25
Sat 17 th	DUFTON	ALSTON	19.75
Sun 18 th	ALSTON	GREENHEAD	16.5
Mon 19 th	GREENHEAD	STEEL RIGG	6.5
Tues 20 th	STEEL RIGG	BELLINGHAM	14.75
Wed 21 st	BELLINGHAM	BYRNESS	14.75
Thurs 22 nd	BYRNESS	CLENNELL STREET	13.75
Fri 23 rd	CLENNELL STREET	KIRK YETHOLM	11.25
Sat 24 th	Grand Total		257