

Genetically inherited condition which causes
**Help us to help you raise
awareness for Fragile X**

CROSS COUNTRY FUN RIDE & BBQ



Sunday 27th June 2010

Fragile X is a genetically inherited condition which causes varying degrees of developmental delay and some autistic-like features. It affects 1:4000 boys and 1:6000 girls. The Fragile X Society helps families affected by this condition as well as supporting research into finding a cure.

The event will take place at the High Lodge Forest Centre, Thetford, where we will be running 2 courses to suit everybody from families to keen mountain bikers. Followed by BBQ after the ride! Plenty of activities to suit the whole family.

Want to join us? Want to sponsor us? Contact rob@swallowmax.co.uk for further details.

1 Weekend, 2 Venues, 1 Cause
Visit www.fragilex.org.uk for more information

The Fragile X Society
Supporting people with Fragile X
Registered Charity No: 1127961